

PERSONAL

VOLUNTEER: THE WHY & THE HOW

There are many volunteering opportunities to increase your knowledge and skills! Steps to help you get started.

WHY VOLUNTEER

Volunteering is a great way to:

1. Make a difference – Volunteering gives you a way to make a real contribution to something you are passionate about.
2. Have new experiences – Volunteering gives you the opportunity to get involved in and explore an area you may have not experienced
3. Network – Volunteering is a gateway to a diverse group of people who you can learn from
4. Boost your employment prospects – Volunteering gives you experiences to put on your resume, to talk about in your interviews, build upon your skills, and leverage to prospective employers

Volunteering will provide you with the opportunity to:

- Enhance your communication, interpersonal, and organization skills
- Improve and develop time management, problem solving, adaptability, and teamwork skills
- Practice networking and learning about a new organization
- Expand your network, strengthen your resume and give you personal satisfaction
- Explore potential career options
- Earn a reference

FOR EXAMPLES OF SKILLS VOLUNTEERING CAN HELP BUILD, REFER TO EMPLOYABILITY SKILLS

HOW TO VOLUNTEER

- Treat it the same as a paid employment opportunity
- Take time to develop a good, well-thought out resume & cover letter
- Practice your interview skills online, at Interview Stream
<https://mcmaster.interviewstream.com/Account/Login?ReturnUrl=%2f>
- Register/Log In
- Scroll down and click on 'Conduct an Interview'
- Scroll down to 'Created for Me' and click 'Take Premade Interview'
- Click on 'Volunteer Interview' to start the practice interview or view the questions

REFER TO VOLUNTEER APPLICATIONS: CRIMINAL RECORD CHECK/VULNERABLE SECTOR SCREENING