

PROFESSIONAL

#MACTALKSCAREERS: MAC ALUMNI CAREER & EMPLOYMENT SERIES

MAKING CAREER CONNECTIONS: STEP BY STEP NETWORKING

This session will demystify networking and focus on strategies to build and maintain professional relationships. Learn practical ways to leverage and grow your existing networks to reach your career goals. We will also cover best practices at job fairs.

Date	Time	Location
Saturday, September 16, 2017	10:00a.m.-11:30a.m.	MUSC 222
Saturday, January 20, 2018	10:00a.m.-11:30a.m.	MUSC 222

Register on OSCARplus | Events

JOB SEARCH ESSENTIALS (JSE) E-COURSE

All you need to know about job searching in one month. The fully online program is delivered through Avenue to Learn, McMaster's e-learning service. Each module covers a different aspect of the job search and features an assignment, sent to the instructor who will give you personalized feedback on your resume and cover letter, LinkedIn profile, and Interview Skills.

Module 1 – Effective Resume and Cover Letter Writing

Module 2 – Part 1: Social Media in your Job Search | Part 2: Networking and the Hidden Job Market

Module 3 – Interviews and Negotiating Job Offers

Date	Time	Location
Friday, September 8, 2017	n/a	Online
Tuesday, April 17, 2018	n/a	Online

Register on OSCARplus by Tuesday, September 5, 2017

Register on OSCARplus by Wednesday, April 11, 2018

AUDIT OPTION - JOB SEARCH ESSENTIALS (JSE) E-COURSE

The audit option is available to all alumni up to 10 years; a great option for folks who want to progress at their own pace and schedule. Participants can access feedback on their progress through individual meetings (in-person or virtual) by appointment.

Complete the registration form (hyperlinked) and email it to Jillian Perkins-Marsh perkinsj@mcmaster.ca
Registration process may take up to 5 business days.

WHAT'S NEXT? CAREER PLANNING GROUP FOR NEW GRADS AND ALUMNI

A full-day interactive career exploration program that uses industry standard career assessments, along with reflective exercises and group discussions. The Career Planning Group will help you develop a stronger understanding of your interests, career values, transferable skills and personal strengths. The program is facilitated by a professional career counsellor with a maximum of 14 alumni. There is a \$35 fee for this program (subsidized rate).

Date	Time	Location
Friday, October 13, 2017	9:30a.m.-3:30p.m.	GH 110
Friday, March 2, 2018	9:30a.m.-3:30p.m.	GH 110
Friday, June 1, 2018	9:30a.m.-3:30p.m.	GH 110

[Register on OSCARplus](#) | [Events](#) | [Special Events](#)

* Please note there are multiple other Career Planning Groups throughout the year that are open to both alumni and students. A full list can be found on alumnisuccess.mcmaster.ca

GETTING UNSTUCK: DESIGN YOUR CAREER WITH MIND MAPPING

Feel like you have too many career ideas floating around? Like you've hit a wall and not sure what to do? Mind mapping is an approach used to gain a holistic overview of your career and life. In this session, take a step back and create your own mind map to visually see the possibilities of getting to your next steps.

Date	Time	Location
Friday, January 26, 2017	2:00p.m.-4:00p.m.	GH110

[Register on OSCARplus](#) | [Events](#)

ASK ME ANYTHING

Monthly Online chats with career counsellors— perfect for quick inquiries or if you are just getting started thinking about a career change and job search. Stay tuned to McMaster Alumni emails or email perkinsj@mcmaster.ca

ALUMNI RECRUITING EVENTS – Stay tuned to McMaster Alumni emails and alumnisuccess.mcmaster.ca

Trouble logging onto OSCARplus? You may need to re-activate your MacID and/or password. Send an email to uts@mcmaster.ca to obtain assistance.

Looking for individual support? Career Counselling by professional staff is available. To make an appointment, call the office at 905-55-940 x24254 or book Alumni Career Counselling appointments online [OSCARplus](#).