

Nursing Resume

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•	Experience with	, gained through clinical placement in/at	

- Familiarity with policies and procedures of working with the elderly and administering of relevant medications
- Knowledge of best practices in discussing patient status and progress with family members
- Documented leadership skills cultivated through facilitating engaging recreational activities for seniors' entertainment
- Practiced in scientific literacy, with four years' experience conducting and analyzing health research

EDUCATION

Honours Bachelor of Science in Nursing

September 2014-Present

McMaster University, Hamilton, ON

Critical thinking and clinical reasoning skills honed through problem based learning individually and in teams; activities included labs, professional practice experiences, lectures, patient simulations, and clinical placements

CLINICAL PLACEMENTS

Aberdeen Gardens, Hamilton, ON

Date

- Displayed compassionate and cheerful attitude while helping registered nurses in identifying patient care requirements and assisting with activities of daily care for case load of over 20 senior citizens in a long term care facility
- Gained experience in dealing positively with residents who had cognitive impairments, physical disabilities and mental health
- Cultivated diplomatic communication skills by providing detailed explanation to families of residents regarding requirements of plan of care and an update on their progress at set time periods
- Assisted nurses with discharge and transfer of patients, collaborated with members of health care team to ensure smooth transition

Hamilton General Hospital, Hamilton, ON

Date

- Further developed complex problem solving skills gained through academics regarding application of public health standards, rules and regulations to ensure a comfortable and safe atmosphere for patients
- Cultivated critical thinking skills in assisting supervising registered nurses to prepare notes for presentations and position papers to management
- Received feedback on performance appraisal regarding talent for communicating effectively with patients, colleagues, supervisors and management

Juravinski Hospital, Hamilton, ON

Date

- Utilized communication skills developed during nursing studies to develop professional relationships with patients, their families and other health professionals
- Gained a better understanding of proper ethics in patient care by observing registered nurses in a variety of situations and critically reflecting on pertinent issues
- Recognized for empathetic and compassionate manner of interacting with patients and families through performance appraisals by clinical supervisor







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WORK EXPERIENCE

McMaster Students Union-Campus Events Event Staff

(Part-time) September 2016-Present

McMaster University, Hamilton, ON

- Responsible for many duties such as event ground floater, doors and entry, quest-list sign in, promotion/merchandising tables and guest hospitality during concerts, welcome week and other McMaster run events
- Helped small scale events such as speaking engagements and comedy nights
- Assist in the online and table promotion and sharing of all Campus Events branded events in order to engage the McMaster community
- Aid in the Battle of the Bands committee in order to help organizers engage McMaster students to attend events
- Attend monthly staff meetings in order to provide feedback and advice on past and future events

VOLUNTEER EXPERIENCE

Mentorship Exchange Program Mentor

September 2016-Present

International Student Services, McMaster University, Hamilton, ON

- Provide students with information about upcoming events at McMaster and within the Hamilton community
- Support students through their exchange experience addressing their concerns and interests to promote a positive experience

Rehabilitation Assistant

September 2013- September 2016

Aberdeen Gardens, Hamilton, ON

- Honed team work skills by working with team of rehabilitation professionals to assist over 65 residents in long term care to exercise as per their mobility goal plan
- Learned about best practices for exercise prescription from physiotherapists and assisted occupational therapists with resident's activities of daily living
- Developed leadership skill by facilitating recreational activities for the residents
- Dealt positively with family members of residents with regards to keeping them informed as to the progress made on resident's mobility plan

CREATING EFFECTIVE ACCOMPLISHMENT STATEMENTS

Job candidates who can differentiate themselves through how they describe their experiences will stand out from the rest. Create an effective resume by targeting it to the position to which you are applying. Create accomplishment statements that give a clear impression of your capabilities and success:

Step I: Begin with an action verb

Step II: Include relevant details of what you did: who, what, where, how, how many?

Step III: What was the result, purpose or benefit?

Example:

- Provided customer service
- Provided customer service in a busy retail environment resulting in the creation of a loyal customer base and improved sales by 10%







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