

OFF-CAMPUS STUDENTS

Living Off-Campus in First-Year? July and August

The Off-Campus Resource Centre helps deliver a wide range of orientation and transition activities specifically for off-campus and commuter students. In July, you can take advantage of Summer Sneak Peeks and the Summer Adventure. Starting on August 24, join us for special Welcome Week events created for off-campus students. Join "Class of 2023 - McMaster University – Off-Campus Students" on Facebook for all the details.

Mac/One

Exclusively for first-year off-campus students, Mac/One is designed to help with the social and academic transition to university. By joining Mac/One, you'll connect to fellow students with similar passions and interests through our Living Learning Community events, have a home base on-campus to relax and study with access to a designated residence building, and get extra support through your designated Off-Campus Community Assistant.

Email: MacOne@mcmaster.ca
Registration: Opens mid-June. Visit our website for details.
Facebook: [MacOneProgram](#)

housing.mcmaster.ca/off-campus/mac-one

Off-Campus Summer Adventure Friday, July 19, 2019

Calling all off-campus students! Come explore McMaster and the Hamilton Area with us. Join a group of McMaster's off-campus orientation representatives for a full-day packed of adventures, campus tours, food, and more! The day will have tons of activities and opportunities to meet new friends and Mac students who share the off-campus and commuter experience.

Cost: \$40
Email: ocrcplan@mcmaster.ca
Registration: Opens mid-June
Facebook: [Class of 2023 - McMaster University - Off-Campus Students](#)

Off-Campus Summer Sneak Peek Thursday, July 4, 2019 (evening) or Thursday, August 1, 2019 (evening)

Join a group of McMaster's off-campus orientation representatives for an evening of fun activities while meeting new friends and current McMaster students.

Cost: No cost.
Registration: To be announced.
Facebook: [Class of 2023 - McMaster University - Off-Campus Students](#)

STUDENT ACCESSIBILITY SERVICES (SAS)

Transition Program

SAS provides academic accommodation assistance and related supports to students with disabilities at McMaster. As part of SAS, the Transition Program provides support through summer workshops, SAS mentorship program, a study skills website and regular social events.

Summer Orientation Sessions July 11, July 15, July 24, July 31, August 6, August 14, August 15

Join our student/parent orientation sessions to learn about our supports, the accommodation process, and how to successfully transition into university. Times and locations to be determined. Individual and Skype sessions are available upon request.

Summer workshops include:

- Notetaking
- Upper-Year Student Panel Q&A
- Plus more

Cost: No cost.
Email: sastranstion@mcmaster.ca

Welcome Week Events

Information related to Welcome Week events will be posted online at sas.mcmaster.ca/transition.

Cost: No cost.
Email: sastranstion@mcmaster.ca

Welcome Week Strategic Themes

Our commitment to you...

RESPONSIBLE SUBSTANCE USE

All events sanctioned by McMaster University during Welcome Week are alcohol-free and cannabis-free to promote the safety and well-being of our students. Students who choose to consume these substances during Welcome Week and orientation are encouraged to do so responsibly and to set limits. All students should be made aware of supports and resources for addressing harmful levels of consumption. Making new friends and socializing is a priority for many students during orientation events, including Welcome Week. It is our priority to: ensure students are safe, know what to do if they find a peer in need of assistance and know that there are services available in case assistance is required.

RESPONDING TO SEXUAL VIOLENCE

McMaster University is committed to taking action to prevent and respond to all forms of sexual violence. McMaster's commitment includes:

- Placing the highest priority on survivor safety and ensuring that the campus is welcoming, safe and inclusive for everyone;
- Communicating that sexual violence is not - and will not be - tolerated and will be actively addressed on an ongoing basis;
- Ensuring that all McMaster University students, faculty and staff know where to go for help and are reassured that University policies are in place to respond in a timely and sensitive manner to sexual violence or the threat of sexual violence;
- Providing responses to sexual violence, including educational programs, that are informed by an awareness that individuals may be targeted because of race, ability/disability, Indigeneity, sexual orientation, non-normative gender identity and gender expression, religion/spirituality, age, citizenship and/or socio-economic status and may have need of diverse and culturally appropriate supports and services.

SUPPORTING MENTAL WELLNESS & MENTAL HEALTH

Student well-being and good mental health are critical foundations for student success. We are committed to creating a culture of caring and support, and recognize that improving the health of our campus is a collective effort and a shared commitment. Our community of staff, faculty, and students are equipped with information about how to identify, respond and refer a student in distress. Through our messaging, programming, and policies, we model the importance of wellness, self-care, resilience and social responsibility.

COMMUNITY ENGAGEMENT

Community engagement is a key part of who we are as an institution. As written in *Forward with Integrity* by President Deane, "McMaster has demonstrated throughout its history that outstanding academic work can be an extraordinary force for the good of human beings, society, and nature; so our task in the future must be to consolidate and deepen that contribution." We are intentional in our efforts to engage incoming students in on- and off-campus experiential learning opportunities, so that students recognize themselves as active and integral members of our campus and the Hamilton community. In doing so, students will have a greater understanding of their role in contributing to the success and flourishing of our city while also valuing the knowledge that community groups and organizations bring. It is through meaningful involvement at the University and within the city that students will experience a deepened sense of connection and feeling of being home.



2019

McMaster Orientation Important Dates

We encourage you to educate yourself about our strategic themes and what is available to support you:

macwelcomeweek.ca

Student Success
Centre



studentsuccess.mcmaster.ca

Student Success
Centre



July / August

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1/July Canada Day	2	3	4 Off-Campus Summer Peek	5	6
		SSC Academic Skills Orientation: Online				
7	8	9	10	11 Summer Orientation Sessions	12	13
		SSC Academic Skills Orientation: Online				
14	15 Summer Orientation Sessions	16	17	18	19 Off-Campus Summer Adventure	20
		SSC Academic Skills Orientation: Online				
21	22	23	24 Summer Orientation Sessions	25	26	27 Horizons
		SSC Academic Skills Orientation: Online				
28	29	30	31 Summer Orientation Sessions	1/August Off-Campus Summer Peek	2	3
Horizons	SSC Academic Skills: Summer Writing Program	SSC Academic Skills: Orientation				
		SSC Academic Skills Orientation: Online				
4	5 Civic Holiday	6 Summer Orientation Sessions	7	8	9	10
		SSC Academic Skills Orientation: Online				
11	12	13	14 Summer Orientation Sessions	15 Summer Orientation Sessions	16	17
		SSC Academic Skills Orientation: Online				
18	19	20	21	22	23	24 RES Move In Welcome Week
		SSC Academic Skills Welcome Week Workshops				
25	26	27	28	29	30	31 MOOSE
		RES Move In				
		Welcome Week 2019				

September / October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1/September	2 Labour Day	3 Classes begin	4	5	6	7
8	9	10	11	12	13	14
15	16	17 Community Engagement and Volunteer Fair	18	19 Career Fair	20	21
22	23	24	25	26	27	28
29	30	1/October	2	3	4	5
6	7	8	9	10	11	12
13	14 Thanksgiving Day: University closed	15 Mid-term Recess	16 Mid-term Recess	17 Mid-term Recess	18 Mid-term Recess	19 Homecoming
20	21	22	23	24	25	26
27	28	29	30	31 Student Services Fair		
		Job Shadow Program				
		Further Education Fair				

November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1/November	2
		November is Financial Literacy Month				
3	4	5	6	7	8	9
10	11 Remembrance Day	12	13	14	15	16
		MacGlobal				
17	18	19 Exchange Fair	20	21	22	23
		International Education Week				
		MacGlobal				
24	25	26	27	28	29	30

Visit McMaster's Equity and Inclusion Office website at equity.mcmaster.ca for a link to a 2019-2020 Multicultural calendar with hundreds of multifaith, multicultural and diversity related holidays and observances.

JULY

SSC Academic Skills Orientation: Online

July 2 – August 16, 2019

Questions about what it means to be a university learner? SSC Academic Skills Orientation: Online is a seven-week online program that supports you before your arrival for Welcome Week. Get tips and advice from fellow students to help you navigate a new academic environment. Join us from home as we discuss university academics through videos, short articles, and personal reflections, and learn about the skills you will need to be successful at McMaster. Starting Tuesday, July 2, this program will feature regular content. Participate and win weekly prizes!

Cost: No cost.
Email: skills@mcmaster.ca
Registration: No registration required.

sscacademics.mcmaster.ca

SSC Academic Skills: Orientation

July 31 or August 1, 2019

How is university different from high school? How do I take notes in a lecture? Most students have questions about academic expectations in university. This one-day interactive program is designed to give you the information you need to transition into university studies successfully. Connect with resources on-campus and with fellow incoming students.

Cost: No cost.
Email: skills@mcmaster.ca
Registration: OSCARplusmcmaster.ca. There are limited spots available. Please register for only one session.
studentsuccess.mcmaster.ca

JULY

MSU Horizons Leadership Conference

July 26 – 28, 2019

Horizons is a three-day, two-night on-campus leadership experience for 200 incoming first-year students, where delegates embark on a journey of self-development through session-based programming and engaging events. It is an opportunity to lay a foundation for academic excellence, explore meaningful student involvement, instill a sense of community, and establish a culture of inspiration and inclusion for which McMaster is known. Students will have the opportunity to engage with the Hamilton community, be introduced to involvement prospects at McMaster and begin expanding their network in McMaster and Hamilton.

Cost: \$234 + HST at full price. Early bird pricing in two rounds at \$200 and \$217 + HST (first come, first served). Note: financial aid is available for eligible participants.
Email: horizons@msu.mcmaster.ca
Registration: Opens June 1. Early bird registration ends June 15, 2019.

msumcmaster.ca/horizons

SSC Academic Skills: Summer Writing Program

July 29 – 30, 2019 (inclusive)

Join us for a fun, two-day program that will help prepare you for your first research and writing assignments in university. Most suited for students enrolled in writing-intensive programs, participants will receive practical, hands-on experience conducting research and be introduced to the expectations of university writing. Get personalized feedback to help you grow as a writer.

Cost: \$75. Registration costs cover your materials (including the resource booklet) and meals.
Email: skills@mcmaster.ca
Registration: OSCARplusmcmaster.ca. Limited to 30 participants.

studentsuccess.mcmaster.ca

AUGUST

MSU Spark

A transition support service through the McMaster Student Union (MSU), Spark offers first-year students weekly, themed activities and workshops designed to build skills for university success. Upper-year students are assigned to groups of first-year students and there are online resources to help you navigate university life, build friendships and learn from one another.

Cost: No cost.
Email: spark@msu.mcmaster.ca
Registration: Opens late August to early September. Second semester registration opens early January.

msumcmaster.ca/spark

Residence Hall-Move In

August 24 – 25, 2019

Move-in will take place on August 24 and August 25, 2019. Further details will be announced.

Email: resadmissions@mcmaster.ca
housing.mcmaster.ca

McMaster Outdoor Orientation Student Experience (MOOSE)

August 26 – 29, 2019

This four-day, three-night student orientation trip to Camp Arowhon and Algonquin Provincial Park provides you with an opportunity to build lasting friendships with peers and student leaders in your Faculty. MOOSE encourages personal and team development in a small group setting while enjoying the beauty of Algonquin Park. Students will engage in a variety of outdoor activities, including an overnight canoeing or hiking trip. No previous outdoor recreation experience is required. Students will return to campus with plenty of time to continue their Welcome Week.

Cost: \$420 per participant (no tax). Note: financial aid is available for eligible participants.
Email: moose@mcmaster.ca
Registration: Opens June 14 on a first-come, first-served basis.
studentsuccess.mcmaster.ca/

Welcome Week

August 24 – 30, 2019

Welcome Week provides you with a positive transition to university. As the most comprehensive orientation program offered at McMaster, Welcome Week includes educational workshops, seminars and panel discussions which help prepare you to feel academically ready to start classes. There are also programs and events which focus on security and safety as well as supporting your physical and emotional well-being. Tours of notable neighbourhoods, Faculty buildings, residences and off-campus communities are available throughout Welcome Week. Getting connected to other students and your new campus community is an important part of Welcome Week, and we are excited to welcome you home.

MacPass is your 'all-access pass' to essential programs taking place during Welcome Week.

Cost: First-Year Orientation Fee (FYEF): To be announced. Check your McMaster email, social media, and our website for information in mid-June.
Email: sscevent@mcmaster.ca
Registration: Opens in July, check your McMaster email for details.

macwelcomeweek.ca

SSC Academic Skills Welcome Week Workshops

August 26 – 29, 2019

Get insider information on how to manage your new academic environment by attending one or more workshops during Welcome Week. Topics range from "What I Wish I Knew in First Year" to "Time Management and Procrastination" and "Communicating with Professors." Learn something new, have some fun, and win prizes!

Cost: No cost.
Email: skills@mcmaster.ca
Registration: No registration required.
studentsuccess.mcmaster.ca

McMaster Common Reading Program

The McMaster Common Reading Program is an opportunity to share a common reading experience with other first-year students. More information about the Common Reading Program will be shared throughout the summer.

Cost: No cost.
Email: studentsuccess@mcmaster.ca
studentsuccess.mcmaster.ca