

Experience Building: Get Involved and Get Experience

This pandemic does not have to stop you from participating in career-related, skill building opportunities. Make an experience building appointment on [OSCARplus](#) > Student Success Centre > Appointments > Careers to learn more.

Experiential Opportunities

These opportunities provide short-term and ongoing micro-engagements to help you gain experience with the stay-at-home regulations.

- Skills and Experience eDevelopment Programs (SEED)
- Career Treks and Internships
- Formal Mentoring Programs
- Online corporate challenges
- Hackworks

Professional Associations

These are organizations that engage individuals interested in a specific profession. Build a professional network, find a mentor and access events.

- [Young Entrepreneurs & Professionals](#)
- [Hamilton HIVE](#)

Volunteering

Get involved within your community and gain valuable professional experience while assisting organizations to achieve their goals and build better communities.

Build a Network

Connecting with people is one of best ways to explore careers and build social capital. You can discover practical and inside information from someone in a specific career or industry. A network helps you find your path, open doors and will support your career development.

- Have a Career Conversation: Go to [OSCARplus](#) > Student Success Centre > Mentorship & Career Conversations.
- Attend a networking event or conference.
- Join a club.

