Experience Building – Career Trek

How do you get a job in Canada when you’ve never had working experience? How do you get on-the-job experience when most entry-level jobs call for at least a year of experience in a related role? One great way to build not only your resume but also your experience and professional skills is to get yourself involved with experience-building opportunities!

What is a Career Trek?

Career Treks are short-term, unpaid opportunities that can provide practical, real-world experiences. You will have the opportunity to gain valuable workplace experience, receive mentorship and learn about a local industry. Through a Career Trek, you get to work with a local company to provide project support.

Benefits of Career Treks

Gaining experience is about more than just filling up your resume. It’s also about getting to know the job market, developing important professional skills, and getting involved through community engagement and building connections. Here are some benefits of getting yourself involved in a career trek.

- You will develop important professional skills
- You will develop critical thinking, writing, research, teamwork, planning and public speaking skills
- You will get involved through community engagement
- You will learn how to form connections and network
- You will get involved in project-based experience
- You will experience real-life challenges

Career Trek categories

Some Career Trek categories include:

- Arts and creative
- Business strategy
- Data analysis
- Market research
- Market validation
- Marketing and communications
- Production
- Website redesign

Accessing Career Treks

1. Log onto OSCARplus using your Mac ID
2. Select “Student Success Centre” from the left panel
3. Select “Volunteer & Experience Building” from the drop-down menu
4. Select “Postings”
5. Select “Search Opportunities”
6. Check “Career Trek” under Position Type