

# PROFESSIONAL

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## CAREERSTORM NAVIGATOR™

Take the helm and navigate your future with the CareerStorm Navigator™. This on-line career/life planning tool will help you build confidence in the decisions you need to make. Most students and alumni who have gone through the CareerStorm Navigator™ find it very “meaningful” and helped them to “clarify” their career thoughts and next steps.

The CareerStorm Navigator™ is a tool best suited for those that have some ideas about their future career or education goals but would like help clarifying their thoughts and exploring other options. The CareerStorm Navigator™ will not provide “a list” of occupations, rather it will challenge you to think about what you want and allow you to reflect on your experiences in a meaningful way.

You can work through the confidential, on-line tool at your own pace and then follow up with a career counsellor when you are ready. It is recommended to allow yourself 3-6 hours to complete all 7 modules; however, it is best to work through the modules in time frames that are reasonable for your situation. The account is available for up to 6 months.

### READY TO NAVIGATE YOUR CAREER?

- Meet with a Career Counsellor to discuss how the CareerStorm Navigator™ can help you with your career questions or decisions.
- An individual, confidential CareerStorm Navigator™ account will be e-mailed to you and you will be able to work on the modules on-line, at your own pace.
- You can complete all 7 modules or work through the ones that are most meaningful for you – you can discuss this with the career counsellor in your initial meeting.
- Follow up with the career counsellor to help you get the most of the career/life planning tool.

*As a result of completing the CareerStorm Navigator™,  
84% of the participants stated that it helped them to clarify  
their career or education thoughts “Considerably” or “A Great Deal.”*

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## CAREER TOOLS THAT MAKE UP CAREERSTORM™ NAVIGATOR

### MAP- Current Position

- Describe your current career and life circumstances to provide a context for your career decision-making.
- Review your “career” history including non-paid positions such as (unemployed, full time parent, volunteer worker, student).

### MAP- Desired Destination

- Define your goals for eight areas of life: career, learning, relationships, home, body & health, leisure, financial goals and spiritual growth.
- Evaluate importance and ease of achievement for each goal and arrange your goals in priority order.

### COMPARE – Evaluate your career options

- Enter and rank up to five career options based on your personal preferences: values, style, skills, goals, work environment and interests.
- If you have completed these career tools in the Map & Compass, your results can be used to compare the career options you selected to weigh.
- Compare is most effective when you know what your potential career options are.

### COMPASS - Interests

- Create a comprehensive list of interests that you would enjoy focusing on in your career and life.

### COMPASS - Style

- Make a unique list of personality qualities you appreciate and use that list to describe yourself.

### COMPASS - Skills

- Identify four types of transferable skills: social, practical, information and creative.

### COMPASS - Values

- Generate a list of your most important values and evaluate how they are realized in your life.

