

CAREERSTORM NAVIGATOR™

Take the helm and navigate your future with the CareerStorm Navigator[™]. This on-line career/life planning tool will help you build confidence in the decisions you need to make. Most students and alumni who have gone through the CareerStorm Navigator[™] find it very "meaningful" and helped them to "clarify" their career thoughts and next steps.

The CareerStorm NavigatorTM is a tool best suited for those that have some ideas about their future career or education goals but would like help clarifying their thoughts and exploring other options. The CareerStorm NavigatorTM will not provide "a list" of occupations, rather it will challenge you to think about what you want and allow you to reflect on your experiences in a meaningful way.

You can work through the confidential, on-line tool at your own pace and then follow up with a career counsellor when you are ready. It is recommended to allow yourself 3-6 hours to complete all 7 modules; however, it is best to work through the modules in time frames that are reasonable for your situation. The account is available for up to 6 months.

READY TO NAVIGATE YOUR CAREER?

- Meet with a Career Counsellor to discuss how the CareerStorm NavigatorTM can help you with your career questions or decisions.
- An individual, confidential CareerStorm NavigatorTM account will be e-mailed to you and you will be able to work on the modules on-line, at your own pace.
- You can complete all 7 modules or work through the ones that are most meaningful for you you can discuss this with the career counsellor in your initial meeting.
- Follow up with the career counsellor to help you get the most of the career/life planning tool.

As a result of completing the CareerStorm Navigator[™], 84% of the participants stated that it helped them to clarify their career or education thoughts "Considerably" or "A Great Deal"



MAP- Current Position

- Describe your current career and life circumstances to provide a context for your career decisionmaking.
- Review your "career" history including nonpaid positions such as (unemployed, full time parent, volunteer worker, student).

MAP- Desired Destination

- Define your goals for eight areas of life: career, learning, relationships, home, body & health, leisure, financial goals and spiritual growth.
- Evaluate importance and ease of achievement for each goal and arrange your goals in priority order.

COMPASS - Interests

 Create a comprehensive list of interests that you would enjoy focusing on in your career and life.

COMPASS - Skills

 Identify four types of transferable skills: social, practical, information and creative.

COMPASS - Style

 Make a unique list of personality qualities you appreciate and use that list to describe yourself.

COMPASS - Values

 Generate a list of your most important values and evaluate how they are realized in your life.

COMPARE – Evaluate your career options

- Enter and rank up to five career options based on your personal preferences: values, style, skills, goals, work environment and interests.
- If you have completed these career tools in the Map & Compass, your results can be used to compare the career options you selected to weigh.
- Compare is most effective when you know what your potential career options are.



